

Family Coaching Clinic

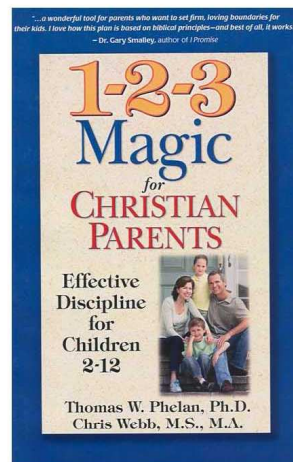
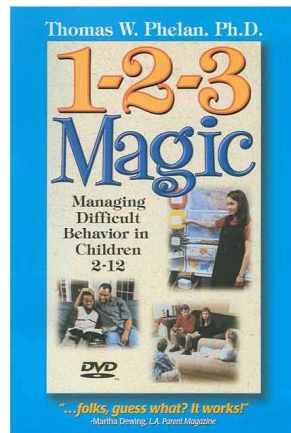
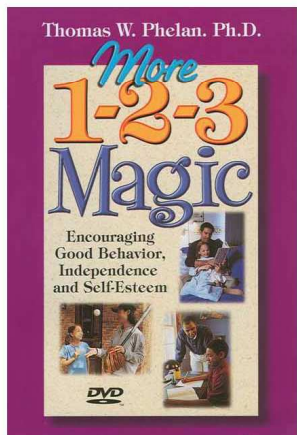
1-2-3 Magic

and

More 1-2-3 Magic DVD's

Leader's Guide

Based on 1-2-3 Magic for Christian Parents



Session One (50 minutes)

Welcome (5 minutes)

Introduce yourself and share a little information about your experience with children.

Pray

Ice Breaker (10 minutes)

Read - **Psalm 127:3-5**

Have everyone share the following information with the group. (For large groups – break in smaller groups to share)

1. Name and age of children
2. What you enjoy most about parenting
3. Your biggest parenting challenge

Biblical Background (5 minutes)

Read Proverbs 29:17, 19:18 and 13:18

Discussion Question

What do these verses have to say about the importance of discipline?

View Introduction and Part 1 of 1-2-3 Magic (15 minutes)

Debrief Time (15 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapters 2, 3 and 4 to lead a discussion on video segment Part 1.

Great verses you can include:

Little Adult Assumption - I Corinthians 13:11

Too much talking – Proverbs 10:19

Too much emotion – Proverbs 29:11

Session Two (50 minutes)

Welcome and Review (5 minutes)

Review Session I (Lecture or discussion)

* 1-2-3 Magic for Christian Parents is a simple parenting strategy to deal with the practical aspects of parenting

- Stop Behavior – whining, complaining, arguing etc.
- Start Behavior – chores, homework, going to bed etc.

* We will learn a simple counting procedure to handle “Stop Behavior”

* Little Adult Assumption – Read definition on pg 15

* Two Biggest Discipline Mistakes

- Too much talking
- Too much emotion

Pray

Ice Breaker (5 minutes)

Have everyone answer the following question. (For large groups – break in smaller groups to share)

What childish behavior drives you crazy?

Biblical Background (5 minutes)

Read Proverbs 15:5 and Philippians 2:14-15

Discussion Question

How should children respond when they are disciplined?

View Part 2 of 1-2-3 Magic (20 minutes)

Debrief Time (15 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapter 5 to lead a discussion on video segment Part 2.

Great verses you can include:

Galatians 6:7-8, Proverbs 15:5, Philippians 2:14-15

Session Three (50 minutes)

Welcome and Review (5 minutes)

Welcome everyone

Review Session 2 (Lecture or through asking questions)

- * Counting Procedure – pp. 28-29
- * The Not-So-Easy-Part – pp. 32-32
- * The Benefits of Counting – pp. 36

Pray

Ice Breaker (5 minutes)

Have everyone answer the following question. (For large groups – break in smaller groups to share)

What are some questions you would like answered about the 1-2-3 Magic plan?

Biblical Background (5 minutes)

Read Galatians 1:10, I Thessalonians 4:1, and Proverbs 29:25.

Discussion Question

What does the Bible say about being overly concerned about man's opinion?

View Part 3 of 1-2-3 Magic (27 minutes)

Debrief Time (10 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapters 6 and 7 to lead a discussion on video segment Part 3.

Session Four (50 minutes)

Welcome and Review/Ice Breaker (10 minutes)

Welcome everyone

Questions for review

Can you count different things?
How do you use the 1-2-3 plan in public?
How do you handle sibling rivalry?
What can you do in the car?

Pray

Biblical Background (5 minutes)

Read Hebrews 12:7-11

Discussion Question

How does God treat us as His children? What does this say about how we should parent our children?

View Part 4 & 5 of 1-2-3 Magic (20minutes)

Debrief Time (20 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapters 10 and 11 to lead a discussion on video segments Part 4 and 5.

Great verses you can include.

Philippians 2:14
Galatians 5:22-23
Joshua 1:9

Session Five (50 minutes)

Welcome and Review (5 minutes)

Welcome everyone

Play Review of the 1-2-3 Magic Program from the Introduction of More 1-2-3 Magic DVD

Review Stop and Start Behavior pp. 11-13

Pray

Ice Breaker (5 min)

Have everyone answer the following question. (For large groups – break in smaller groups to share)

What are the start behaviors you have the most trouble with?

Biblical Background (5 minutes)

Read Proverbs 24:30-34, 21:25, 6:6-11

What is the Bible's view on work?

View Part 1 of More 1-2-3 Magic (20minutes)

Debrief Time (10 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapter 13 to lead a discussion on video segments Part 4 and 5.

Great verses you can include

Proverbs 22:6

Positive Reinforcement - Proverbs 25:11

Natural Consequences – Galatians 6:7-8

Session Six (60 minutes)

Welcome

Welcome everyone

Pray

Ice Breaker (5 min)

Have everyone answer the following question. (For large groups – break in smaller groups to share)

Which Start Behavior Tactic do you think will work best with your kids?

Biblical Background (5 minutes)

Read Ephesians 4:29-32

Discussion Question

How can these verses be applied to how you parent?

View Part 2 of More 1-2-3 Magic (40 minutes)

Debrief Time (10 minutes)

Select several questions from “Questions for Christian Practice” at the end of chapters 14-18 to lead a discussion on video segment Part 2.

Optional session 7 and 8 could include the Introduction, Part 3 and Part 4 of *More 1-2-3 Magic*.

Note for Leaders

1-2-3 Magic is a simple parenting strategy that works. The *1-2-3 Magic* and *More 1-2-3 Magic* DVDs present these practical techniques. The Leader's Guide will add some of the biblical content from *1-2-3 Magic for Christian Parents*. Please view the video segments each week and review the corresponding chapters in *1-2-3 Magic for Christian Parents* as you prepare to lead your group. You will find helpful questions at the end of each chapter of the book. The Leader's Guide provides an outline for a 6-week course. This will not include all the content of the DVD. You can choose to extend the study to include the extra material.

Participants in your group will benefit more by having a copy of *1-2-3 Magic for Christian Parents*. The book provides many examples, reminders and helps for parents. You may provide these for you participants or have them pay for the books. *1-2-3 Magic for Christian Parents* is available at most bookstores including Lifeway, Barnes and Noble, Amazon and at the website www.familycoachingclinic.com.

Please contact me if you have any questions or suggestions concerning the *1-2-3 Magic DVD* series or *1-2-3 Magic for Christian Parents*. I'm also available to speak on parenting and marriage issues.

Chris Webb MS. NCC
chris@familycoachingclinic.com